

# THE NEPAL TRUST

*Working with Health, Community Development & Hope in the 'Hidden Himalayas'*

## ORGANIZATION PROFILE

### PART 1: PROGRAMS & ACTIVITIES

#### A.

##### Years of experience

The Nepal Trust has been operating in Nepal since 1993 (23 years)

#### B.

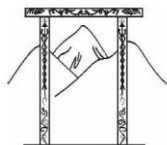
##### Main awards and recognitions

- 1998/99 Preferred Rotary International Charity in Great Britain and Ireland (RIBI)
- The 2005 Eni Premio Italgas Award for 'Projects in the Environment' (<http://www.milanofinanza.it/archivio/energia-ambiente-designati-i-vincitori-premio-italgas-200512061953042114>) which was chosen by a distinguished panel of scientists including Professor Harold Kroto, Nobel Prize winner.
- In 2010 chosen by USAID/ American Government, among projects throughout all South Asian countries, to be one of the most cost-effective and efficient energy providers in Nepal alongside the government bodies (<http://sari-energy.org/publications/important-links/>).
- In 2010 organized and run the Great Himalaya Trail World Record Expedition in partnership with ultra-adventure athlete Mr. Sean Burch, multiple Guinness World Record Holder, who crossed Nepal in 49 days, 6 hours and 8 minutes for which Honorary Ambassadorship of Nepal Tourism Year 2011 was achieved by Nepal Government whereby through an independent international media campaign the country of Nepal, incl. health/ education/ tourism and development was promoted through renowned media outlets, incl. CNNi, BBC, National Geographic, Associated Press, Reuters, Forbes, Sports Illustrated, Gulf Times, DPA, AFP, NBC, Outside Magazine, etc. in over 100 countries
- In 2012 the Nepal Trust has been awarded one of the most prestigious film documentary awards in UK from the Institute of Videography (IOV) Awards which explains more about our healthcare program and development works in general (<http://recitefilms.com/winner-documentary-nepal-trust-iov-industry-awards/>).

#### C. + D.

##### Number of projects accomplished/handled over five years + Involvement in project on related subject.

Below an overview of our previous projects - subdivided by those implemented the past 5 years and those beyond - and current/ planned and project activities, including those related to the subject.



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## **SAFE MOTHERHOOD & PRIMARY HEALTHCARE**

### **Past Projects (>5 Years)**

- Building construction, health worker provision and running support of 5 rural community health posts in Torpa, Sarkegad, Kermi, Yalbang and Halji (Limi)
- Development and capacity building of local Health Management Committees (HMCs)
- Training of local health workers
- HIV/ AIDS prevention and awareness program with UNICEF (2002-2004)
- Conducted 3 major health camps that benefited 5,000-8,000 people each time.
  
- Conducted 2 dental camps benefiting 500-1,000 people each time.
- Child health education (Little Doctors Program) 15 batches with over 360 Little Doctors produced.
- Building renovation works of Karpunath health post
- Post conflict recovery program (special support in conflicted affected areas)
- Medicine distribution through Nepal Trust health posts

### **Past Projects (1≤5 Years)**

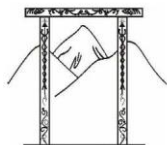
- Construction of Bargaun sub health post and birthing center
- Reconstruction, re-establishment of community health post in Torpa.
- Ambulance donation to Surkhet Hospital
- Renovation works Yalbang and Kermi health posts
- Various university studies conducted

### **Ongoing Projects**

- Construction of health post/ birthing centers in Sarkegad, south Humla and Yari in north Humla
- Continued running support to 5 rural community health posts/ birthing centers
- Expansion child health education (Little Doctors Program)
- Maternal health education programs
- Provision medical and surgical equipment
- Sport & Development Project
- Post conflict recovery program
- Medicine distribution through Nepal Trust health posts

### **Planned Projects**

- Expansion child health education (Little Doctors Program)
- Expansion maternal health education programs
- Construction birthing centers and health posts throughout Humla
- Renovation and upgrading of Kermi and Yalbang health posts
- Hire additional medical staff
- Training health workers
- Sport & development projects
- Dental projects
- Post conflict recovery programs
- Medicine/ equipment distribution through Nepal Trust health posts



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## **EDUCATION & LITERACY**

### **Past Projects (>5 Years)**

- The Durbar School Computer Education Project (10 years – First education project in Kathmandu)
- Adult/ female health education
- Women literacy classes
- Child health education (Little Doctors Program) produced 15 batches with over 360 Little Doctors produced.

### **Past Projects (1≤5 Years)**

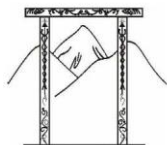
- Government primary school construction in Thehe village
- Establishment of Yalbang school library - Building construction, books and establishment.
- Muchu School Support Project
- School & student support programs

### **Ongoing Projects**

- Bipul Niketan School Repair Project
- Lipne School Repair Project
- Construction school in Kapilvastu (Lumbini)
- Construction deaf children school in Bharatpur (Chitwan)
- Construction Tarkeyang Primary School (Sindhupalchowk)
- Muchu School Support Project
- Child health education (Little Doctors Program) in 4 government schools in Humla
- Adult/ female health education
- Various school & student support programs (incl. Humla, Dhapakhel, Helambu, Kathmandu)

### **Planned Projects**

- Reconstruction Kalika School (Nawalparasi)
- Bargaun School Repair Project
- Techer Support Program Thehe School
- School & student support programs
- Construction high school in Baglung
- Child health education (Little Doctors Program)
- Adult/ female health education
- School / environmental education projects
- Kitchen/garden projects incl. school greenhouse establishment



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## **WATER/SANITATION/HYGIENE (WASH)**

### **Past Projects (>5 Years)**

- Feasibility study Kaski Water Supply Project
- Production promotion video with support from Stichting Waterproject Nepal (Holland) and UNICEF
- Awareness programs through NT health posts

### **Past Projects (1≤5 Years)**

- Sanitation training to tourism MSMEs, village leaders along the Hilsa-Limi-Simikot trail.
- Toilet/ canteen construction Thehe primary school for sanitation/ hygiene awareness and clean food preparation
- Toilet construction and promotion among 50 tourism MSMEs.
- Irrigation/ sanitation project in Simikot from village hubs to district airport
- Transmission (40 km) Kaski Water Supply Project

### **Ongoing Projects**

- Distribution (22 km) Kaski Water Supply Project
- Water supply construction/ awareness programs throughout (NT) health posts/ birthing centers
- WASH education in project areas

### **Planned Projects**

- WASH projects throughout Nepal
- Awareness programs through NT health posts/ birthing centers
- Expansion WASH education in project areas

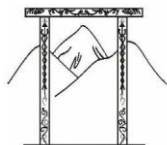
## **SUSTAINABLE TOURISM & SOCIAL ENTERPRISE DEVELOPMENT**

### **Past Projects (>5 Years)**

- Establishment Nepal Trust Guest House - The first Guest House in West Nepal (Simikot HQ, Humla District)!
- Pioneered 'Treks-to-Build Health & Community' Program to increase donor/host relationships
- UNESCO Eco-Tourism Project (2002 - 2007) – UNESCO's only mountain tourism development program ever in Nepal!
- Rosie Swale Pope's Golden Run Across Nepal (2003 - 68 days)

### **Past Projects (1≤5 Years)**

- Establishment and support to local Tourism Development Committees (TDCs) under DDC
- Cook/Guide/Lodge/Waste Management/Etc. trainings to 50 MSMEs in Humla and 50 in Dolpa. The Great Himalaya Trail Development Project (Pilot in Humla and Dolpa incl. VCA / Tourism Master Plans Development in partnership with UNWTO/STEP/SNV; 2008 - 2010)
- Sean Burch's World Record Expedition Across Nepal (2010 - 49 days, 6 hours, 8 minutes) for which Honorary Ambassadorship of NTY2011 was received by Nepal Government, as well as intl. marketing done in over 100 countries through renowned media channels, e.g. BBC, CNNi, Reuters, AP, National Geographic, Forbes, Outside, Sports Illustrated, AFP, DPA, Times of Indian, etc.



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The Great Himalaya Trail Development Project (National Project in Humla in partnership with DFID/SNV/Nepal Government; 2010 - 2013).

- Trained 150 tourism MSMEs along the Great Himalaya Trail of Humla on lodge management, cooking, guide and waste management and leadership where about average 2 new jobs at each MSME were created at through increased, improved services.
- GHT Humla brand developed in collaboration of GHT and various marketing materials developed and distributed among major tour operators to maximize number of visitors
- Supported 14 infrastructures projects - tourist trail improvement, wooden bridge construction, drainage system construction, signage, etc.
- Mobilized about 10 million rupees through DDC, TDC, VDC, and other partners
- Tourism strategic plan developed and integrated into DDC periodic and annual plan.
- Partnership with DDC, TDC and VDCs continues.

## **Ongoing Projects**

- 'Treks-to-Build Health & Community' Program
- Support provided towards Kailash Sacred Landscape Project with ICIMOD
- Halji flood prevention measures and community mobilization

## **Planned Projects**

- Expansion 'Treks-to-Build Health & Community' Program
- Upgrade Simikot Guest House
- Promotion official Great Himalaya Trail Alliance and increase partnership linkages in Karnali and other Himalayan regions along GHT, e.g. Gorkha, Solukhumbu, Taplejung, etc.

## **CLIMATE CHANGE & RENEWABLE ENERGY**

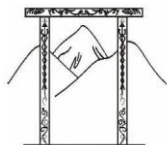
### **Past Projects (>5 Years)**

#### **Past Projects (electrified approx. 25% of Humla population)**

- Construction Kermi 5.5 kW micro hydro
- Construction Til 5.5 kW micro hydro
- Construction Halji 6.5 kW micro hydro
- Construction Jang 6.5 kW micro hydro
- Construction Lali 21.5 kW micro hydro
- Solar electrification Simikot Guest House incl. solar shower
- Solar electrification Simikot District Hospital
- Halji village solar electrification
- Jang village solar electrification

#### **Past Projects (1≤5 Years)**

- Construction Gothi 50 kW micro hydro benefits 3 VDSc, 460 households and schools, businesses
- Construction Chyaduk 4.5 kW micro hydro, Chyaduk village 40 households
- Yari village solar electrification, 57 households
- Til village solar electrification
- Repair Til 5.5 kW micro hydro



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- Repair Halji 6.5 kW micro hydro
- Solar lamp and mobile phone charger units installation at 195 teashops, houses along the Hilsa-Simikot-Mugu tourism trails comprising over 32 villages.
- Construction Simikot Renewable Energy Service Center
- Various university studies conducted

## **Ongoing Projects**

- Simikot Renewable Energy Service Center will benefit renewable energy projects and communities totaling approx. 55,000 people throughout the district.

## **Planned Projects**

- Smokeless cook stove projects
- Implementation Dojam solar lamp and mobile phone charger units installation project
- Upgrade solar electrification Simikot Guest House
- Running Simikot Renewable Energy Service Center
- Other solar and micro hydro projects

## **CULTURE & HERITAGE PRESERVATION**

### **Past Projects (>5 Years)**

- UNESCO Humla Cultural Trail Development Project (2002 – 2007)
- Rebuilding Raling Gompa (1996)
- Halji Gompa renovation project (2004)
- Snow leopard conservation project to preserve natural heritage/ wildlife

### **Past Projects (1≤5 Years)**

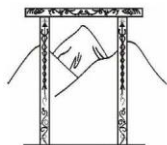
- Promotion fare trade of local souvenirs
- Study conducted on intangible heritage in Humla
- Renovation Muchu Gompa
- Renovation Raling Gompa
- Promotion of cultural sites Humla
- Developed master plan Karpunath Temple

### **Ongoing Projects**

- Promotion fare trade of local souvenirs
- Cultural heritage promotion

### **Planned Projects**

- Preparation heritage study
- Promotion of cultural sites in Humla
- Promotion fare trade of local souvenirs
- Halji Gompa renovation project
- Conservation and management of Karpunath temple



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## **FOOD SECURITY & AGRICULTURAL DEVELOPMENT**

### **Past Projects (>5 Years)**

- Installation food grinder and oil press/expeller in Lali VDC
- Installation food grinder in Kermi
- Installation food grinder in Til
- Installation food grinder in Halji
- Installation food grinder in Jang
- Establishment small greenhouse at Simikot Guest House
- Provision of meals and nutrition education for over 360 Little Doctor students in Humla

### **Past Projects (1≤5 Years)**

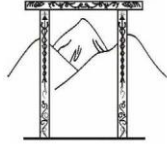
- Installation food grinder in Chyaduk
- Installation food grinder in Gothi
- Promotion of local high value food products through Simikot Guest House, souvenir shop
- Promotion and provision local food menu for tourists and visitors at NT Guest house
- Linking local farmers, vegetable producers with the trekking groups to sell their vegetable
- Provision of meals and nutrition education for over 360 Little Doctor students in Humla
  
- Nutrition and baby education for young mothers
- Cook training for women and trek guides

### **Ongoing Projects**

- Humla Agriculture Development Project - To support 325 farmers in Humla district
  - Baseline survey conducted and 325 farmer beneficiaries selected for provision of technical support and capacity building in vegetable and honey production
  - Provision seeds and improved equipment to farmers
  - 20 model greenhouses and 20 irrigations schemes to be established and supported
  
  - Establishment food storage depots
  - Various marketing and packaging, product development supported to farmers underway
  - Awareness raising activities on nutrition and balanced diet to be conducted in project areas focusing on mothers and children and school students
  - Facilitate the linkage between farmers and tourism MSMEs, lodge owners, guides and major markets in Simikot and Tibet to sell/ market their local product
- Provision of meals for students of Khasarpani primary school in Muchu
- Nutrition and baby education for young mothers
- Cook training for women and trek guides

### **Planned Projects**

- Hand operated oil press machine project
- Expansion of agriculture and food security projects, e.g. vegetable/ production, fruit cultivation, cattle and livestock projects, etc.
- Continuation meal distribution and nutrition education
- Cook training for women and trek guides



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## **DISASTER RELIEF & RECOVERY (EARTHQUAKE)**

### **Past Projects (1≤5 Years)**

- Provision relief materials in earthquake affected areas.
- School repair projects
- Film documentary (aired on Nepal Mandal TV, covering 2/3 of Nepal)

### **Ongoing Projects**

- Sindhupalchowk Livelihood Development Program (with ICCO)
  - Support to EQ affected farmers
  - Repair water supply/ irrigation schemes
  - Repair electricity supplies
  - Provision agriculture inputs (seeds, green houses, agriculture equipment, etc.)
  - Provision veterinary services
  - Road repair
  - Support micro-credit schemes
  - Provision tillers for land cultivation
  - Various farming trainings (pesticide usage, manure, crop cultivation, etc.)
  - Construction cellar stores
  - Agro-Vet/ Market linkage program
  - DRR activities
  - Film documentary clips on activities



## PART 2: GEOGRAPHICAL EXPERIENCE:

A. The Nepal Trust has been working for over 23 years in Nepal. Throughout its presence in Nepal, The Nepal Trust has been working in the following districts/ regions:

- Humla District (Mid-Western Region/ Karnali Region)
- Dolpa District (Mid-Western Region/ Karnali Region)
- Kathmandu Area (Central Development Region)
- Sindhupalchowk District (Central Development Region)
- Kaski District (Western Development Region)
- Kapilvastu District (Western Development Region)
- Chitwan District (Western Development Region)

Planned:

- Baglung and Nawalparasi Districts (Western Development Region)

B. The Nepal Trust has worked for over 23 years in Nepal with Humla district (Karnali Region) as its core area.

The red (dotted) circles in the map below show the respective (planned) project areas and their geographical locations.

