



# THE NEPAL TRUST

*Working with Health, Community Development and Hope in the 'Hidden Himalayas'*

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## Useful information

The Nepal Trust provides integrated rural development in the far North West of Nepal. Our main objective is to help create community projects that emphasize local participation and responsibility and give hope to the people of this very remote and impoverished area.

**Website:** [www.nepaltrust.org](http://www.nepaltrust.org)

### General Facts about the organisation:

- Founded in 1993 by ex British-Indian Army Major, Alan Jacobsen, who served alongside Nepalese Gurkhas in WWII.
- A registered Scottish charity and Nepalese NGO, the Trust has offices in Glasgow, Scotland; Simikot & Kathmandu, Nepal.
- We work in one of the most impoverished and remote areas of human habitation in the world, the upper Karnali river zone of North-West Nepal, in the district of Humla.
- Our projects, run by local staff and working in close collaboration with local government and communities, focus on the areas of primary healthcare, education, renewable energy, eco-tourism and heritage preservation.
- We depend greatly on the work of volunteers and supporters across the UK, and receive a lot of support from Rotary International.

### Facts about Humla:

- Total Area: 5655 Sq. Km
- Altitude Range: 1500-7300m
- Population: 40,595
- Extreme poverty:
  - o Nepal HDI (Human Development Index) Rank: 138/177 Countries
  - o Humla HDI Rank: 68/75 Districts
  - o Humla HPI (Human Poverty Index) Rank: 75/75 Districts
- High illiteracy: 20% of adults are literate; 10% of women are literate
- Sparse health facilities: Many people live more than 1 day's walk away
- A food deficient area: government rations are flown in
- Rocky & steep terrain, harsh climate (snow for several months)
- Recent history of brutal conflict during the Maoist/Civil insurgency. 13,000 died in whole of Nepal, 1 million left the country. In Humla, people were killed by both Maoists and government troops.& many left in search of security.

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