



E-News February 2011

ANNUAL GENERAL MEETING REPORT

Despite the arctic conditions the Nepal Trust AGM was held in Edinburgh over the weekend of Dec 4th with intrepid souls arriving from Berwick, Edinburgh, Northern Ireland, Somerset and in Jeroen's case Nepal. We had a quorum, but only just.

Rod Lowcock was formally appointed in his absence as Finance Director, taking over from Tony Robinson. Tony remains a board member and hands the accounting role on to Rod in excellent shape. Pavla Love and Liz Williams

were also both elected as voting members.

Jeroen presented a detailed report on the work carried out by the Trust in 2010 and set out plans for 2011. These include completing current projects including the Ghoti Khola and Chyaduk micro hydro projects both of which are now fully funded.

The plans call for a revamping of the Trust's primary health care programme: 2011 will see investments in upgrading the

Kermi and Yalbang clinics, liaison with the local communities to select locations for two new sub-health posts to be constructed in 2012 and 2013, the recruitment of new junior health care workers, the on-going training of all health care workers and a series of mini health events run through the clinics.

2011 will also see start of the construction of the new Service Centre planned for Simikot.



Rod

Pavla

LOOKING FOR VOLUNTEERS

All aspects of the work of the Nepal Trust depend totally on the support and commitment we are given from a loyal band of volunteers. Our team includes Anna Clutterbuck, who helps prepare and distribute this news sheet, Chris' mum (Debi to her friends), who helps Rod (yet another volunteer) with the book keeping and Pam Roper who organises our international travel arrangements through her company (unpackagedtravel.com).

In the UK there are so many items of business that would benefit from extra hours and

an extra pair of hands. No matter what your background is and what your skills are, if you fancy volunteering some time to help move things along, we have a role for you.

In the field in Nepal we depend very heavily on Western volunteers as the glue to make things happen and keep our programmes on the straight and narrow. For 2011 we need help with the refurbishment of clinics, delivering the health care programme, building and running the service centre, monitoring and completing on going projects, community liaison and the planning for

new health posts.

Two volunteer treks "to build" are planned: one in April/May to monitor on-going projects and to liaise with the local community on construction of the new sub health posts: the second in Sept/Oct to lead the refurbishment of the Kermi and Yalbang health posts.

We are also seeking volunteer nurses, dentists and doctors to visit Humla with us in 2011 and assist in the delivery of the primary health care programme.

continued overleaf...



Liz

Anna



Debi

Chris



Pam

Roger

LOOKING FOR VOLUNTEERS (cont)

Can you spare the time to join us and see at first hand our work in Nepal: or can you introduce other volunteers to help us?

If you want to get more involved, we would LOVE to hear from you. Please contact our secretary on thechrisrae@hotmail.com



Torpa Volunteer 2010 Trek to Build Team

PLANNING EARLY FOR CHRISTMAS 2011

Following the 2010 AGM Jeroen travelled around the country meeting supporters and giving presentations to interest groups on the work of the Nepal Trust. However we left the organisation of his visit far too late.

So for 2011 we will start planning a lot earlier. Rodger Thom has volunteered to take charge and proactively organise a programme of visits for Jeroen to report on projects and progress to Rotary clubs and local supporters

groups. Jeroen will be arriving circa 20th November and departing circa 20th December. The 2011 AGM will be in Edinburgh on the 26th November.

If you would like Jeroen while he is in the UK to visit your club or if you can help Rodger organise visits to meet potential or past supporter groups and organisations to promote our work and hopefully enthuse new volunteers to our cause please contact Rodger on:

rodger.thom@btinternet.com

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PROMOTING THE WORK WE DO

Anna McPherson freelance filmmaker and winner - Best Short Film - Moray Film Festival - has volunteered to join the April trek and create a new promotional video on our work in Nepal.

She is working (and running) hard to raise sponsorship to cover her costs. She has set up a Just Giving web site at <http://www.justgiving.com/recitefilms> and is also trying to raise corporate/ media sponsorship.



Can you help her with some introductions?

Become a friend or member of the Nepal Trust

Would you consider committing to a regular monthly or yearly donation?

For a small regular payment (from £2 per month/£25 per year), you can join the Nepal Trust by becoming a friend or member, and work alongside us to offer the people of Humla a brighter future. If you would like to register as a friend or member please email us at tony.sharpe1@btinternet.com

Namaste: Members and friends will receive our next issue of Namaste, the Nepal Trust Newsletter in April: if you do not, let us know and we will get it sorted! We are always keen to communicate with our very generous supporters.

CHRIS HAS MOVED and the NT's new address for communications is:

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